When to call your care team urgently

A one-page sheet to keep somewhere you will see it, such as on the fridge or by your phone.

Version: October 2026. English.

Contact your treating team, or go to the nearest emergency department, without waiting for your next appointment, if you notice:

Fever	A temperature of 38 °C (100.4 °F) or higher, especially during chemotherapy, or shivering with chills.
Heavy bleeding	Heavy vaginal bleeding, or bleeding that soaks a pad within an hour.
Severe pain	Severe or worsening pain in the abdomen, pelvis or chest.
Leg swelling or breathlessness	Swelling, pain or redness in one leg, or sudden breathlessness.
Wound problems	A wound that is red, hot, leaking or opening.
Vomiting or passing urine	Vomiting that will not stop, or being unable to pass urine.

Your own discharge instructions may list other warning signs for your operation or medicines. Those instructions come first. If you are unsure whether something is serious, it is always reasonable to call and ask.

Fill in and keep with this sheet

My treating team's phone number	
Nearest emergency hospital	
My treatment or operation date	
A family member or friend to call	
Medicines I take / allergies	

Clinic contact: +91 62916 81013. More plain-language guidance is in the Recovery guide at www.drdipanwitabanerjee.com.